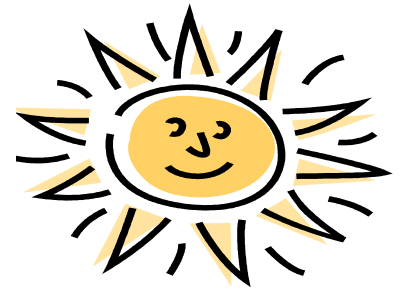


Stepping Through **SUMMER**

Progress Not Perfection



JULY 31 - AUGUST 2, 2009
A CoDA RETREAT IN THE REDWOODS
HAPPY VALLEY CONFERENCE CENTER
2159 BRANCIFORTE DR.
*** SANTA CRUZ * CALIFORNIA * 95065**

THE RETREAT

A 12-step, 12-tradition retreat with meetings, workshops, fellowship and recreation in the beautiful Santa Cruz mountains designed to jump start, restart, or enhance your recovery.

MORE INFO & ON-LINE REGISTRATION

<http://scruzcodaretreat.org/>

CHECK-IN

- Must register by deadline.
- No walk-in registrations.
- Friday check-in from 4:00 to 6:00 pm.
- Friday buffet served from 5:00 to 7:00 pm.
- Saturday check-in from 8:00 to 9:00 am.
- Check out on Sunday by 1 pm.

SERVICE OPPORTUNITIES

- Post flyer at your 12-step meeting.
- Email Yvonne R. at yvonne_ross@sbcglobal.net if you would like to conduct workshop, present or volunteer.

REGISTRATION DEADLINES

- Registration can be transferred
- Retreat EARLY BIRD: MARCH 23, 2009
- Retreat EARLY: MAY 25, 2009
- Retreat LATE: JULY 17, 2009 (no exceptions.)
- SATURDAY DAY CONF ONLY: July 29, 2009

QUESTIONS & MESSAGES

- Please do not call Happy Valley Conference Center.
- Leave message 831.469.6096; or yvonne_ross@sbcglobal.net.
- For scholarships, call Nanci A. at 831.462.9336.

*** * * REGISTRATION FORM * * * CUT HERE & MAIL WITH CHECK * * ***

Name:				Email:			
Address:					Phone:		
City:		State:		Zip:			
Post Marked by:	3/23/09	5/25/09	7/17/09	Amount	Vegetarian meal	Vegan	
Cabin	2 NIGHT	\$ 165.00	\$ 175.00	\$ 200.00	No Wheat	No Dairy	
	1 NIGHT	\$ 110.00	\$ 115.00	\$ 140.00			
Tent	2 NIGHT	\$ 120.00	\$ 125.00	\$ 150.00			
	1 NIGHT	\$ 90.00	\$ 95.00	\$ 105.00			
Sat	0 NIGHT	\$ 45.00	\$ 50.00	\$ 55.00	I will need scholarship funding. Call Nanci A.*		
Reserved Dbl. Occ. Room		\$65 per couple, per room			Check Payable to: SCCCC		
My contribution to scholarship fund				Amount \$	Mail to: P.O. Box 1415		
Total Amount \$					Santa Cruz CA 95061		
PAY PAL AVAILABLE AT: http://scruzcodaretreat.org/							
Name of 2nd person (for DBL. OCC. Room):							
Address:			Zip:		Phone:		
Email:							

Directions From South

Hwy 1 North. Take MORRISSEY Blvd exit. 0.2 mi. Keep (R) at fork. Turn (L) ROONEY ST. Turn (R) onto ELK ST. Turn (L) onto GOSS AVE. Turn (R) onto Branciforte Dr. There are two different Branciforte's. You are on the correct one, if you see signs for DeLaveaga Park & Mystery Spot. Once you pass the Mystery Spot driveway (not the sign), it is about 50 ft to conference center. Pass 1st driveway & turn (R) into 2nd driveway, the parking lot.

Directions from North

Hwy 880/ 17 South. 1st Scotts Valley exit (Granite Creek). Turn (L) @ stop light. Turn (L) @ next stoplight (takes you over freeway). Turn (R) @ next light - Granite Creek. Drive 3.2 miles. Turn (R) Branciforte Drive; Happy Valley is on the left, can't miss it. Turn into 1st driveway.

MEALS

Vegetarian, vegan, no wheat and/or no dairy meals are available.
If you have a doctor mandated diet, email or mail the list with your registration.
Coffee and tea are available 24/7. Cold drinks and bottled water are available in vending machines.
Filtered water will be available to fill your water bottle at all meals.

Refrigerator is available for medications.

ACCOMODATIONS

Rooms have bunk beds which sleep 6 - 8 per room. Rooms assigned upon arrival. There are a few rooms which can be reserved for dbl occupancy. These rooms have 2 sets of bunks with 2 "extra wide" lower bunks, so you can spread out. The charge is \$65 per room, per couple (2 persons) for the weekend.



WHAT TO BRING

Beach chair (campfire & movie night)
Swim Suit, sunscreen
Layered clothing, gloves
Hat, visor, sunglasses
Water bottle
Journal, note book, camera
Change for soda, money for massage
Bedding, pillow, towel, toiletries
Alarm clock, pajamas, slippers
Small flashlight, earplugs

RESTRICTIONS

Please respect the serenity of others by taking cell phone calls in your car. Smoking is allowed in designed areas. In the tradition of 12-step programs, no alcohol or non-prescription drugs.

* Retreat Scholarships

The scholarship fund is a "matching funds" program for those who cannot afford to attend camp. PLEASE consider contributing \$10, \$20, \$30 or more. Add your contribution to your registration.
Do you need a scholarship? Scholarships are available on a FIRST COME, FIRST SERVE BASIS. When your check for 50% of the camp registration fee is received, your name is placed on the scholarship list. When matching donated funds are received, you will be notified. If matching funds are not available, your check will be refunded regardless of the date. Scholarships are confidential and given with the understanding that service will be rendered at camp. If you want to participate, call Nanci A. at 831.462.9336 (after 4:00 PM) before sending in your registration.