

**GSACC Minutes
September 10, 2007**

Opened with the Serenity prayer at 6:50PM

In Attendance were:

Debbie W. Chair
Andy O. #694 Citrus Heights GR
Mike M/#055 Weds. Sacramento GR
Kathy E. #449 Sac. Kaiser CDRP
Julie L/#1029 Recording Secretary
Lil
Colleen H. Literature
Stacy N.

REPORTS

Chair: Debbie W. continues to fill in as Chair.

Vice Chair: Service Opportunity

Position is open. Debbie W. would like to train someone for Chair in the Vice Chair position for 6 months. Volunteers, please contact Debbie W. at 916 536-1911 or doright@surewest.net.

Recording Secretary Julie L.

Minutes from last meeting: July and August minutes were read and approved as corrected. They will be Available at GSACC Yahoo group website and <http://greatersaccoda.org>

Treasurer report: John G (not present)
Report not available.

Literature report: Colleen H

Colleen has ordered copies of "Peeling the Onion" booklet and more chips. She says she is low on CoDA big books and In This Moment meditation books. Will place an order so that we will have plenty for the conference in January. Group discussed raising the price on the booklets to \$2.80. The cost to us has been +\$2.50 for some time now. Decision was made to raise the booklet price to \$2.80.

Outreach report: Clydene R (not present)

Debbie W. has volunteered to provide outreach for the Winter mini conference. She sent out 80 emails of the Press Release to various media and to the mental health directors of the 47 counties in the NorCal CoDA territory. We should have more PSA coverage as this is much earlier than they were sent last year.

Phone Line: Cindie W (not present)

Debbie will ask Cindie to add the website address to the beginning of the phone message. The message is very full, may need to reduce some of the introduction.

Hospitals and Institutions: *service position available*

There was a question about whether GSACC was doing any H&I in hospitals. The closest is at Heritage Oaks, (Friday and Sunday) where patients from the hospital can attend the CoDA meetings. If CoDA members want to conduct meetings in other institutions or jails, it can be done. Bob D. in the Bay area goes to 2 facilities and chairs meetings.

CoDA World Fellowship

The annual World Service conference is in Ft. Lauderdale, Florida September 25-30. NorCal CoDA is sending 2 delegates and an alternate. The various committees will be meeting and produce a Quarterly Service Report. Jay F., a member of the GSACC and Treasurer of CoDA World Fellowship, has told us that any member may attend the World Service Conference, they just cannot vote.

NorCal CoDA

The most recent Quarterly meeting (and election) was held in Santa Cruz at the Summer Mini Conference on July 28. A new Vice Chair, Kathryn T. was elected as well as the 2 Delegates, Salle H., Jeri S., and Alt. delegate, Jim M., who will be representing us at the World Service Conference.

The NorCal CoDA website is: <http://norcalcoda.org>.

There was a question about contributions from CoDA groups to GSACC and to NorCal CoDA. 7th Tradition Contributions vary by each group's choice...group conscience. Generally, a group keeps a certain "Prudent reserve" to cover running expenses and amounts over that are sent to Community, Regional and World. GSACC's suggestion is a 60/30/10 split. The forms with addresses to send contributions are available on the GSACC website, <http://greatersaccoda.org>.

How much is "too much" to have in prudent reserve? That is decided by group conscience. An example of one local group's prudent reserve is 3 months rent plus \$75 for literature.

Should groups have a checking account? Again, this is a matter for the group to decide.

Some groups do and some do not.

Regional Mini-Conferences:

- **Fall SF** Oct. 27-28 near San Mateo. Flyer available at on the

SFBACSG WEBSITE

Participants can register on line.

- **Winter MC** Sacramento Jan. 26, 2008

Fremont Presbyterian Church, 5770 Carlson Dr. Sacramento, CA. 95819. The conference committee meets monthly at 5:45 pm just before the GSACC meeting. The flyer is on the GSACC website, <http://greatersaccoda.org> .

Outreach-Debbie W. (see p.1)

Flyer-Debbie W. Thank you! Theme is “Solving our Spiritual Dilemma” (from Chapter 2 of the CoDA Big Book)

Pre-Registration- John G.

On-Site Registration-Sharon N

Speaker recruitment-Julie L

Program booklet-Debbie W. and Julie L.

Food, Set Up and Clean Up- Stacy N and Sylinda

Stacy is working on development of a donation letter to give to donors

- **Spring MC** held May 12 in Santa Clara, hosted by the South Bay Coda group. 120 people attended.
- **Summer MC** was held July 28 in Santa Cruz

Group Rep Reports:

Sunday Heritage Oaks Sac CA935 (GR needed)	No report
Monday Folsom CA1135 John G	No report
Monday Men’s Kaiser Fair Oaks Blvd. Sac CA1155 Chris E.	No Report
Monday Sac. Friends Church E St. CA015 a (GR needed)	Debbie W. reporting: Frequent newcomers; Secretary, treasurer and literature are stable; Funds in excess of Prudent reserve are sent to community, region and world fellowships
Monday NEW! Yuba/Sutter Yuba City CA488 Melissa	No report Outreach call needed
Monday Fiddletown CA1152. Cyndee H	Our attendance has been smaller during the summer months, usually around 3 or 4 people. But we are still able to pay for our facility and have a good supply of literature. There is great feedback on how the group is helping everyone to deal with relationship issues in their lives.
Tuesday Rancho Cordova CA103 (GR needed)	Stacy N reporting: Attendance 10-12; positions filled
Wednesday Modesto CA941 Michael V	Our Modesto Meeting continues with 9 or 10 regular attendees & average attendance of 6 or 7 of those members. We have a CORE of experienced members & enjoy very safe and friendly meetings. We appreciate your support! Michael V, New Life CODA Modesto
Wednesday Sac Kaiser South CA861 Tracey L	Good morning all, South Sac Coda appears to be doing well. We are having more repeat attendees and that is a good sign. We have had 6-9 individuals attending somewhat regularly lately and they are participating a bit more. It is a warm group. I am really grateful to

	have had such wonderful support, especially this last year. The writing group has dwindled to 4 regulars, but I believe most are committed to completing the writing program. It has been outstandingly beneficial to me personally. Tracey
Wednesday Friends Church E St Sacramento CA055 Mike M	Attendance averaging 10 or so. One more announcement of meeting has appeared in the East Sac./Land Park Review. Group has agreed to turn off noisy AC during sharing part of meeting.
Wednesday. Grass Valley CA637 Howie/Darrel	No report
Thursday Citrus Heights CA694. Andy O.	Attendance is 4-5 "regulars". Andy says it is a good meeting despite the size. He brought flyers and asked that others post them in their meetings to let people know about the meeting. Requested that this group be added to the "Meeting Needs Support List"
Thursday Auburn CA449 <i>GR needed</i>	No report
Thursday Kaiser Watt CA996. Kathy E	Kathy to be new GR. Usual attendance is over 16 people. Many newcomers. Group uses a "Check in circle" to encourage newcomers to share. All positions filled except birthday person. They expect to send money to GSACC, NorCal and World Fellowship in near future.
Friday Women's Sac Heritage Oaks CA018 <u>GR Needed</u>	Stacy N. reporting. Group is usually 6-10.
Saturday Mercy Hospital, Campus Carmichael CA1029 <u>GR Needed</u>	Julie L reporting. Attendance varies from 2-6. Group is considering a move to downtown area-Trinity Cathedral 27 th and Capitol Av. Will also chang meeting time to 10:00. In process of taking group consciences about the move.
Saturday Murphys/Amador CA1165 Sheena B	No report

Old Business –

None

New Business –

None

Serenity Prayer

Close Meeting 8:10 PM

Minutes prepared by Julie L 916 362-5759 jbureaucat@yahoo.com