

**Greater Sacramento Area CoDA Community
Minutes for Monthly Business Meeting
SEP 8, 2008**

Opened with the Serenity prayer at 6:45 PM

In Attendance were:

Beverly R

Bill J

Bob T

David C. GR CA1155 Mon. Men's Sacramento

Debbie W Chair

Denise E GR CA935 Sunday, Sacramento

Isabel O GR CA1135 Mon. Folsom

Julie L Recording Secretary

Sharon N. GR CA1029 Saturday Sacramento

REPORTS

Chair: Debbie W

This service position is available for the Sac. CoDA community. If interested contact Debbie W. 916 536-1911

Vice Chair: Service Opportunity

Position is open. Debbie W. would like to train someone for Chair in the Vice Chair position for 6 months. Volunteers, please contact Debbie W. at 916 536-1911

Recording Secretary Julie L.

Minutes from last meeting: Minutes from August meeting were approved as corrected. Minutes will be available at GSACC Yahoo group.

Treasurer's Report: John G was unable to attend, but provided the list of checking account activity through Sep. 7, 2008, as well as the year to date income and expense summary. The account balance is: \$725 as of 8/31/08. The Treasurer's report will be available at GSACC Yahoo group.

Literature report: Colleen H Report by email:

I will not be attending the community group this week as there are no literature orders to bring and I have been down and out for awhile. I have two checks totaling \$220 for John and will give them to him over the next couple of days as he lives very close. I will be ordering 30 Peeling the Onion booklets as I am down to one. All the other literature stock seems to be in good shape. That's my report. Hope community goes well.
Colleen

Outreach report: *Volunteer needed Service opportunity.* No report

Phone Line: Sharon N. says she will see Jack S. from the Bay Area Group at the Fall mini conference to discuss in person the type of phone system they have and try to determine if there is a similar solution for us. Our problem continues to be not enough time on the recording window to list our meetings.

Hospitals and Institutions: *Volunteer needed Service opportunity* No report

CoDA World Fellowship Service conference to be held in Chicago Sept. 2008. NorCal CoDA will send 2 delegates and 1 alternate to this conference.

Flier available: The CoDA International Convention to be held July 9-12, 2009 in Seattle, WA.

NorCal CoDA The next meeting will be held at the fall mini-conference, see below.

Regional Mini-Conferences:

- **Fall MC** To be held Saturday, Oct. 25, 2008 LifeMark Center, outside of San Mateo. The theme is "To Thine Own Self be True, Finding Forgiveness" Flier available at <http://www.sfbaycoda.org/>
- **Winter MC** Sacramento, Jan. 24, 2009 at Fremont Presbyterian Church, 5770 Carlson Dr. Conference planning meetings will CONTINUE at 5:30pm just before the GSACC meeting at 3240 Arden Way Kaiser facility. At planning meeting tonight, Sharon N. agreed to be Conference Chair, and Debbie W. will be Food Chair. Julie L will recruit workshop leaders. Next step is flier preparation. Rent installment (\$400) will be due in November. We kept cost the same: \$15.00 pre-reg. and \$20.00 at the door.
- **Spring MC** TBA South Bay CoDA
- **Summer MC** was held Aug. 1- 3, 2008 at Happy Valley Conference Center near Santa Cruz.

Group Rep Reports:

Sunday Heritage Oaks Sac CA935 <u>(Denise E)</u>	Attendance is about 17, with many newcomers. Funds are sufficient. Group has been encountering some issues around what prayer the group will use and a recent proposal to cancel a meeting on a particular day.
Monday Folsom CA1135 Isabel O.	Attendance up a bit (8) with 3 on Labor Day. Treasury adequate for now. Meeting continues to Need Support
Monday Men's Kaiser Fair Oaks Blvd. Sac CA1155 David C	Attendance 10-12, more newcomers. Service Positions filled.
Monday Sac. Friends Church E St. CA015 a <u>(GR needed)</u>	Bill J reporting. Attendance 6-10, Air Conditioner noise still an issue.

Monday Yuba/Sutter Yuba City CA488 Melissa	No report
Tuesday Rancho Cordova CA103 <u>(GR needed)</u>	Nan C. reported to Debbie W. that 13-14 are attending The group is emphasizing sponsorship and keeping it at the forefront in meetings.
Wednesday Modesto CA941 Michael V	No report
Wednesday Sac Kaiser South CA861 Tracey L	No report Meeting needs support
Wednesday Friends Church E St Sacramento CA055 Mike M	Bob T reporting: This meeting has a core group of 6-7 members.
Wednesday. Grass Valley CA637 Howie/Darrel	No report
Thursday Citrus Heights CA694. Andy O.	No report.
Thursday Auburn CA449 <u>(GR needed)</u>	Sharon N. will call out to Christine
Thursday Kaiser Watt CA996. Kathy E	No report
Thursday Murphys/Amador CA1165 Sheena B	No report
Friday Women's Sac Heritage Oaks CA018 Sylinda	Denise attended mid August, when only 3-4 members attended. Debbie will add to the Meeting Needs Support list.
Saturday Trinity Cathedral, Sacramento CA1029 Sharon N.	10-15 attending. Treasury adequate. Meeting experiences frequent room reassignments depending on other events at the church.
Saturday Tracy NEW! CA Dena B	No report

Old Business –

- Donation to Norcal CoDA for 2008 – John G has provided an \$800 check to Debbie W. for Norcal CoDA to help with expenses for our delegates to the Service Conference in Chicago. In 2007 we were able to donate \$1200, so will consider donating an additional \$400 when our Treasury is more prosperous.
- The potential newcomer meeting for the Wednesday night time slot at Kaiser CDRP was discussed, but no decision made.
- New writing group. Also in the works, but no specifics yet. If Weds. Evening location is not available, it will need a new location
- The update if the “feeling word” handout is withdrawn...Debbie W
- Veterans Centers Libraries. Isabel O has learned that CD's are best, and that veteran's Centers don't actually have libraries, base libraries were suggested as an alternative.

- Website announcements:

Add Meeting Needs Support to Tracy meeting announcement

Tuesday Rancho Cordova Remove Meeting needs support

New Davis meeting: It will be

Sundays from 2:30 - 4:00p.m.

Davis Lutheran Church

317 E 8th Street (corner of 8th and B Streets)

in Davis.

We will be in the small room of the Fellowship Hall.

Our first meeting will be Sunday, October 5th.

New Business

- Outreach calls in meetings – continued to next meeting
- Julie: First Hall rental payment (\$400) has been made to Fremont Presbyterian Church Will ask for remaining \$400 payment November
- Versions of CoDA Patterns and Characteristics. Bob T asked about the origin of this document and whether it is a foundation document that would require CoDA literature committee approval. No one seemed to know. There was a revised version read at the Santa Cruz mini-conference. Further research needed.

Serenity Prayer

Close Meeting 8:25 PM

Minutes prepared by Julie L 916 362-5759 jbureaucat@yahoo.com

Hospitals and Institutions: (service position available) Julie will be contacting Jean about the \$10 for CoDA books for prisons. NorCal H&I may have a list of the prisons/libraries.

CoDA World Fellowship Quarterly service report (1st Quarter, 2008) is available at www.coda.org

NorCal CoDA NorCal Coda has an updated website (Thank you Debbie) and is more user friendly. The last NorCal meeting was held April 26 at the Spring Mini conference in Santa Clara. The NorCal CoDA website is: <http://norcalcoda.org>.

Regional Mini-Conferences:

- **Spring MC** was held April 26, 2008 Santa Clara in the new Kaiser facility which was very nice and with more room. Featured speaker was Bob K...The 12 steps and How it Works.
- **Summer MC** Aug. 1, 2, 3, 2008 at Happy Valley Conference Center near Santa Cruz. Fliers available at <http://greatersaccoda.org> Pre-registration is requested by June 18. To receive discounted price.
This meeting is **election** time for the service positions of: Chair, Recording Secretary, Treasurer, Corresponding Secretary, First Delegate to World CoDA Fellowship, H&I Coordinator. More details on duties and eligibility requirements is available at <http://norcalcoda.org>
- **Fall MC** To be held Oct. 26, 2008 same location as last year...LifeMark Center, outside of San Mateo.
- **Winter MC** will be in Sacramento Jan. 2009
The 2008 conference report was distributed and reviewed by those present.

Group Rep Reports:

<p>Sunday Heritage Oaks Sac CA935 (<u>GR needed</u>)</p>	<p>Sharon N. reporting About 20-25 usually attend. Group is solvent. The room needs tables for snacks and literature. There was a member who expressed suicidal thoughts at a recent meeting. It was handled well with lots of support by other CoDA members.</p>
<p>Monday Folsom CA1135 Isabel O. Email 4/9/08</p>	<p>A core group of 5-6 attend regularly, with 2-3 newcomers periodically. They are rotating the "key" position. The double entry of this meeting on CoDA.org is being cleaned up. Meeting needs support</p>
<p>Monday Men's Kaiser Fair Oaks Blvd. Sac CA1155 David</p>	<p>No report</p>
<p>Monday Sac. Friends Church E St. CA015 a (<u>GR needed</u>)</p>	<p>Debbie W reporting: Attendance is 7-9 per week. There has been a change in the Treasurer position and more service is needed in Secretary position.</p>

**Greater Sacramento Area CoDA Community
Minutes for Monthly Business Meeting**

MAY 12, 2008

Opened with the Serenity prayer at 6:50 PM

In Attendance were:

Debbie W. Chair

Mike M GR CA055 Weds. Sacramento GR

Julie L Recording Secretary

John G Treasurer

Colleen H Literature

Isabel O. GR CA1135 Folsom

Sharon N.

REPORTS

Chair: Debbie W. continues to fill in as Chair. This service position is available for the Sac. CoDA community. If interested contact Debbie W. 916 536-1911

Vice Chair: Service Opportunity

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Recording Secretary Julie L.

Minutes from last meeting: Minutes from April meeting were approved as corrected. Minutes will be available at GSACC Yahoo group website and <http://greatersaccoda.org>

Treasurer report: John G. Checking account balance on April 27, 2008 was \$1793.65. John's reports included the "check register" and the Income/Expenses year to date report, with the updated estimates for 2008 on the far right of the page. One change in the "estimates" is the adding in of the cost of our web name registration, \$54.00 annually. The Treasurer's report will be available at GSACC Yahoo group website <http://greatersaccoda.org> ?

Literature report: Colleen H. There was a large literature payment in April (\$1930). The question for Colleen about whether our pricing reflects the recoup of shipping charges is yes, it does.

Outreach report: Service opportunity for the community. Contact Debbie W. 916 536-1911

Phone Line: Sharon N. Per Sharon, phone line is okay, CoDA info. Is there but meeting schedules are not. There is not enough recording time to list all of the meetings.