

**Greater Sacramento Area CoDA Community  
Minutes for Monthly Business Meeting  
February 9, 2009**

Opened with the Serenity prayer at 6:48 PM

**In Attendance were:**

Debbie W Chair  
John G. Treasurer  
Julie L Recording Secretary  
Mike M. GR CA055 Weds. Sacramento  
Sharon N. Phone line and GR CA1029 Saturday Sacramento  
David C. GR CA1155 Monday Sacramento  
Kristin C GR CA449 Auburn  
Richard C Auburn  
Bob T  
Colleen H. Literature

**REPORTS**

**Chair:** Debbie continues as Chair of GSACC

**Vice Chair:** Position vacant. Service opportunity. If you are interested in serving in this position, see or talk to Debbie W. 916 536-1911

**Recording Secretary** Julie L.

**Minutes from last meeting:** Minutes from January, 2009 meeting were approved as corrected. Minutes will be available online at GSACC Yahoo group.

**Treasurer's Report:** John G. Checking balance on 2/2/2009 was \$5,017.18. John provided the checking account activity record with the year to date income and expenses summary on the opposite page. The far right side of this page also estimates our income and expenditures for the 2009 fiscal year. John also provided a summary to date of Winter Mini Conference income and expenses.

John noted a \$10 bank fee was charged that he believes is incorrect and he has requested that it be refunded to us.

John was notified that our P.O. Box zip code is changing. The new zip code and suffix is **95811-6812**. This will need to be changed on all our meeting notices and on the flier for next years' Mini Conference.

The monthly treasurer's report will be available online at GSACC Yahoo group.

**Literature report:** Colleen H. have been ordering a higher volume of literature-about \$500 per month. . Colleen will be submitting a (replacement) literature order of about \$2400.00 shortly. By ordering more, we can get a lower price on some items. Motion made and passed to order more literature to take advantage of lower prices. Colleen also reported that CoRE has changed the shipping method from UPS to USPS, so

*See corrections*

orders are coming in bits and pieces-not all at once as in the past. Colleen also suggested we may want to look at shipping costs. We may need to raise some of our prices to be sure we are covering our costs.

**Phone Line:** Sharon N. reported that the payment method can only be done by paying 6 months in advance or by credit card. The One Box company does not accept electronic transfer by routing number.

**Website** Debbie W.

**Outreach report:** Volunteer needed Service opportunity

**Hospitals and Institutions:** Volunteer needed Service opportunity David C. offered to find out the Folsom Prison Librarian's name/address to pass on to CoDA World H&I for the Books for Prisons donations.

### **CoDA World Fellowship**

Please distribute flier The CoDA International Convention to be held July 9-12, 2009 in Seattle, WA. Additional Fliers available at <http://coda.org/convention.php>:  
Fourth Quarterly Service Report is available at coda.org website

### **NorCal CoDA**

Debbie W. reported that Yumi M and Jeri S. are NorCal's two delegates to the CoDA World Fellowship service conference to be held this year in July just before the Convention in Seattle. No one has volunteered to be the alternate delegate. Groups are asked to bring concerns to the delegates for discussion Service Conference.  
The next NorCal business meeting will be held at the spring mini conference see below.

### **Regional Mini-Conferences:**

- **Spring MC** Santa Clara, Mar. 21, 2009. Please distribute in your groups: Fliers available at the the NorCal website: <http://norcalCoDA.org>
- **Summer MC** Happy Valley Conference Center near Santa Cruz, July 31, August, 1 and 2, 2009. This is a 3 day retreat. Early registration (Mar. 2009) is recommended to get best price. Fliers available on the NorCal website: <http://norcalCoDA.org> Please distribute in your meetings.
- **Fall MC** The Bay Area CoDA Service Group (BASCG) will be looking for an East Bay location, possibly at a Kaiser facility.
- **Winter MC** Held Sacramento Jan. 24, 2009.  
Sharon, Chair:

**Facility** – Fremont Presbyterian Church, 5770 Carlson Dr. Sacramento, CA. 95819

This is our 2<sup>nd</sup> year at this facility and once again we received many compliments on the facility. Julie noted one room scheduling problem in that we did not have Primary 1 available until after 3:00pm. She was not sure if we had not scheduled the room, or if the room was double booked by the church. Next year we need to make sure we have a

third workshop room scheduled so we do not have to use the back of the dining area for a workshop. It is too noisy and difficult to regulate the heating.

#### Registration John G.

- Pre-Registration Sharon suggested we look into using an online payment program, such as PayPal. She thought Jack S. from the Bay area might know more about that, as they have used it for 2 of their conferences.
- On-Site Registration- We all forgot to bring forms for this. Sharon bailed us out by quickly making copies of it at her office.
- Scholarships: 2 types: Meeting level and Community This went smoothly this year.

#### Literature Colleen H Sales of literature at the Mini conference were very good. Groups Program

- Speaker recruitment Julie L. We had more potential speakers this year than spaces for them. A little confusion on schedule (Julie accidentally reversed Yvonne's 2 workshops)

Balancing participant numbers per workshop continues to be a challenge.

The very popular ones were over-full. Not enough hand-outs.

Requests from 2 speakers (at the last minute) for reimbursement for travel mileage.

- Need more time for opening announcements and NorCal meeting information

Food-Debbie W. The Continental Breakfast was great, the Subway order was exact and the extra food table was a good idea. Sorting the sandwiches and passing them out for tickets went very efficiently with no waiting lines. We could do a better job on encouraging people to recycle drink containers and subway boxes.

Volunteer Recruitment-Sharon N Getting the volunteers recruited from meetings ahead of time really helped. Sharon did a good job with reminders to the volunteers prior to the conference day

Flier and Program booklet-Debbie W. and Julie L. The change in price and a few fliers getting out before we decided that caused a bit of confusion, but overall went okay. For next year we need to be sure to update the GSACC address zip code on the mailing address in the flier.

Post Conferenc Fellowship:Dinner About 30 people attended the dinner at Evan's Kitchen, 855 57<sup>th</sup> Street, Sacramento, 95819 After a little confusion about the special group menu, everyone seemed to enjoy the socializing and the food.

To Do list for 2010 Conference: (not a comprehensive list!)

**Planning:** Move planning up to begin in June, 2009

**Facility Request** facility at the end of June, 2009 Jan. 23 (4<sup>th</sup> Saturday in Jan. (30<sup>th</sup> is 5<sup>th</sup> Sat.) Schedule a third workshop room scheduled so we do not have to uHeld se the back of the dining area for a workshop.

#### **Registration**

Look into PayPal online Payment for Pre Registration

Change format of pre-reg. form for clarity

e sure the on-site registration forms are copied and brought the morning of the conference! Clarify whose job it is.

#### **Literature**

Submit conference requests to Colleen in plenty of time for her to order  
**Program**

Need more time for opening announcements and NorCal meeting information  
 Explore a way to publicize the actual workshop information as it is determined (email,  
 update the flier?)

Have blank paper and pens available in the workshops

Have enough handouts for workshops Have presenters send us copies (Google docs?)

Can copies be made at the church?

Recordings/CD-Lending Library (from Richard C ask him to be on that project?)

**Group Rep Reports:**

<b>Sunday Heritage Oaks Sac CA935 (GR needed)</b>	No Report
<b>Sunday Davis Lutheran Church CA1230</b>	Barbara W. emailed a copy of an inquiry from the Woodland School District regarding appropriateness of a teen attending the Davis CoDA meeting. Colleen's comment was that it would not be good for a parent and a teen to be in the same meeting.
<b>Monday Folsom CA1135 Isabel O.</b>	Per Charlie at the conference, about 4-6 attending. Service positions filled.
<b>Monday Men's Kaiser Fair Oaks Blvd. Sac CA1155 David C</b>	Meeting room has been updated on Meeting List They are in Rm. B now.
<b>Monday Sac. Friends Church E St. CA015 a (GR needed)</b>	Debbie reporting. About 4-5 members volunteered at the conference; a literature order is coming in.
<b>Monday Yuba/Sutter Yuba City CA488 Melissa</b>	No report
<b>Tuesday Rancho Cordova CA103 (GR needed)</b>	Per Nan C., meeting going well.
<b>Wednesday Modesto CA941 Michael V</b>	No report
<b>Wednesday Sac Kaiser South CA861 Tracey L</b>	No report
<b>Wednesday Friends Church E St Sacramento CA055 Mike M</b>	Attendance last week was 13. At business meeting, they decided to place an ad in the Inside East newspaper.
<b>Wednesday. Grass Valley CA637 Howie/Darrel</b>	No report
<b>Wednesday Kaiser Watt Newcomers meeting <i>NEW!</i></b>	Sharon reporting: Group # is 1045 Sharon and Eric are alternating co=secretary positions.
<b>Thursday Citrus Heights CA694. Andy O.</b>	No report

<b>Thursday Auburn CA449 Kristin C</b>	<b>Correction to time: 7:14-8:45. Attendance:8-15, up a little. Secretary position is shared by 2 people.</b>
<b>Thursday Kaiser Watt CA996. Kathy E</b>	<b>No report</b>
<b>Thursday Murphys/Amador CA1165 Sheena B</b>	<b>No report</b>
<b>Friday Women's Sac Heritage Oaks CA018 Sylinda</b>	<b>No report</b>
<b>Saturday Trinity Cathedral, Sacramento CA1029 Sharon N.</b>	<b>Average attendance 15. Continue to look for new meeting space. Ist Christian Church library is not available.</b>

**Old Business –**

- New writing group to start last Weds. in Feb. 09. It will be Weds. 7:00-9:00
- GSACC Monthly business meeting will now be in Rm 4 at Kaiser Facility 3240 Ardon Way.

**New Business**

Guidelines for Presenters NorCal CoDA committee needs input from meeting level.

Increasing available Sponsors for CoDA members

**Serenity Prayer**

**Close Meeting 8:35 PM**

**Minutes prepared by Julie L. 916 362-5759 [jbureaucat@yahoo.com](mailto:jbureaucat@yahoo.com)**