

## GSACC Minutes June 8, 2009

Opened with the Serenity prayer at 6:50 PM

### In Attendance were:

Debbie W. Chair  
Mike M GR CA055 Weds. Sac Friends Ch  
Julie L Recording Secretary  
Erinn M.  
Colleen H. Literature  
John G. Treasurer  
Sharon N Phone Line  
Bob T.  
Linda E.  
Laura W. GR CA 018 Friday Women's

### REPORTS

**Chair:** Chairperson for tonight is Debbie W.

**Vice Chair:** Service Opportunity

Position is open. Debbie W. would like to train someone for Chair in the Vice Chair position for 6 months. Volunteers, please contact Debbie W. at 916 536-1911

**Recording Secretary** Julie L.

**Minutes from last meeting:** Julie reported that the May 2009 Minutes have not been completed yet and will be available at the July meeting. will be available at GSACC Yahoo group

**Treasurer report:** John G GSACC checking account at the beginning of June 2009 was \$2,522.10. The phone expenses were a little higher, as the payments included 2 months to ATT to catch up and 1<sup>st</sup> payment to One Box to begin that service. John provided 2 reports: one is the checking account activity and the second is a 2009 monthly income and expenses report. This report also includes on the far right an estimated budget for the yearly anticipated income and expenses.

**Literature report:** Colleen H. Coleen has a literature payment to turn in to John. She also said CoDA (CoDA resources) has discontinued 2 pamphlets: (1) Using the 12 Traditions (we have 100 of these) and (2) Starting a new meeting (we have 10 copies). We'll keep them on the literature list until they are all sold. A new booklet (\$2.50) on Building CoDA Community Healthy Meetings is now available.

**Outreach report:** *Volunteer needed Service opportunity*

**Phone Line:** Sharon N. We encountered a delay in "porting" the number from ATT—because the account with ATT is still set up in Jay F's name. He has to be the one to arrange that, or we need to inform ATT and reflect in a voting record that Jay F is no

longer the member responsible for the ATT account. Debbie W made a phone call to Jay, explained the problem and he agreed to contact ATT to port the number.

**Website** Debbie W.

The May/June announcements were reviewed and it was recommended that the new booklet (Healthy Meetings) be highlighted.

**Hospitals and Institutions: (service position available)**

**CoDA World Fellowship** Quarterly service reports are available at [www.coda.org](http://www.coda.org) The CoDA International Convention to be held July 9-12, 2009 in Seattle, WA. They are still taking reservations. Fliers available at <http://coda.org/convention.php>:

**NorCal CoDA**

Regional Mini-Conferences:

- Summer MC July 31, August, 1 and 2, 2009. a three day retreat at Happy Valley Conference Center near Santa Cruz. **July 17 is deadline to sign up.** The theme is "Stepping Through Summer". Fliers are available on the NorCal website: <http://norcalCoDA.org> Please print out and distribute at your meetings.
- Fall SF is planned for Oct. 24, 2009 in Hayward and will be on the Twelve Traditions. More information will be available
- Winter MC Sacramento We will request Jan.23, 2010, In late June we should contact Fremont Presbyterian Church Melanie Andrews, facilities manager, 452-7132 to request the date, select the rooms we want, etc. Planning meetings will resume in Aug. 2009 at 5:45 just before the GSACC meeting.
- Spring MC TBA Santa Clara,

**Old Business**

**Guidelines for Presenters**

As requested at the May meeting, this issue is being moved up on the agenda to allow more time for discussion.

Erinn reported that the Davis group liked the gentleness of the NorCal Guidelines, but the clarity and references to the Traditions of the SoCal guidelines.

Bob T suggested that speakers be allowed to share contact info after the workshop.

Debbie W. noted that this post session sharing is in the gray area

She also suggested another method we might allow might be to allow speakers to share particular non-CoDA materials if these materials are part of THEIR OWN recovery journey. Such materials would not be presented as a suggestion that others should use the materials.

Finally, Debbie encouraged us to continue this review in our meetings and provide input to NorCal or Greater Sac community as the Guidelines committee at NorCal will be considering changes to the guidelines during at least the summer and fall quarterly meetings. Meanwhile, the current Guidelines will still be in effect until new changes are adopted by the NorCal Board.

**New Business**

1) The need for Sponsors in CoDa is critical

Debbie has been working on "translating" the 30 questions introduced in January by John H from Fresno into CoDA language and using readings from the CoDA Big Book. This tool could be used by new Sponsors with new Sponsees, giving the questions one at a time to Sponsees. Sponsees call as they complete the questions. Phone call suggested length is up to 15 minutes. The questions basically help the sponsee work Steps 1,2 and 3.

2) Charlie G. of the Folsom Monday night meeting has requested names of CoDA members interested in being speakers at meetings.

3) Charlie G. and Mike M. asked about posters of the steps. Julie has some- will bring to the July meeting.

**Group Rep Reports:**

A suggestion was made that we go around the room and take Group reports from members who are present or who have sent emails to save time.

<b>Sunday</b> Heritage Oaks Sac CA935 ( <b>GR needed</b> )	No report
<b>Sunday</b> Davis Lutheran Church CA1230	Erinn M All is well
<b>Monday</b> Folsom CA1135 Charlie G.	No report
<b>Monday</b> Men's Kaiser Fair Oaks Blvd. Sac CA1155 David C	No report
<b>Monday</b> Sac. Friends Church E St. CA015 a ( <b>GR needed</b> )	Debbie W Meeting needs support. Struggling to pay rent.
<b>Monday</b> Yuba/Sutter Yuba City CA488 Melissa	No report
<b>Tuesday</b> Rancho Cordova CA103 ( <b>GR needed</b> )	No report
<b>Wednesday</b> Modesto CA941 Michael V	No report
<b>Wednesday</b> Sac Kaiser South CA861 Tracey L	No report
<b>Wednesday</b> Friends Church E St Sacramento CA055 Mike M	12-14 attending. Large core group, Going very well.
<b>Wednesday.</b> Grass Valley CA637 Howie/Darrel	No report
<b>Wednesday</b> Kaiser Watt Newcomers meeting <b>NEW!</b>	No report

<b>Wednesday Step Study</b> Kaiser Point West	Julie reporting; Only a couple of people last 2 meetings
<b>Wednesday Woodland</b> New! # pending Lisa C.	No report
<b>Thursday Citrus Heights</b> CA694. Andy O.	No report
<b>Thursday Auburn</b> CA449 ( <b>GR needed</b> )	No report
<b>Thursday Kaiser Watt</b> CA996. Ruth O	No report
<b>Thursday Murphys/Amador</b> CA1165 Sheena B	No report
<b>Thursday North Lake Tahoe</b> CA1214 Jesi	Attendance is 8-12 Sharon to register group with CoDA
<b>Friday Women's Sac</b> Heritage Oaks CA018 Laura W.	Laura is new GR Welcome! 5-18 attending, Meeting experiencing a challenging situation of sharing time domination. Asked for suggestions: GSACC attendees suggested: a) Use of a Timer 2-3 minutes per share b) Any member can call for a 30 second time out; Serenity prayer Restart format with a new sharer. P. 14 of CoDA Service manual c) explain to the member that the length of their share is actually causing them not to be "heard" by the group. If the member wants to be heard it is more appropriate to keep share to the agreed upon length of each share.
<b>Saturday Triunty Cathedral,</b> Sacramento CA1029 Rachel L	Linda E reporting: Meeting is Awesome!
<b>Saturday-</b> <b>SanJoaquin/Tracy</b>	No report
<b>Fresno meetings</b>	No reports

### Serenity Prayer

Close Meeting 8:30 PM

Minutes prepared by Julie L 916 362-5759 [jbureaucat@yahoo.com](mailto:jbureaucat@yahoo.com)