

GSACC Minutes

Aug. 10,2009.

Opened with the Serenity prayer at 6:55PM

In Attendance were:

Debbie W.

Lilia N CA1029 Saturday Trinity Cathedral

Crystal Weds. Kaiser CDRP

Lisa C Woodland Thursday Royal Palms Clubhouse

Howie CA0367 Grass Valley

Bob T.

Julie L Recording Secretary

Colleen H. Literature

John G. Treasurer

Sharon N Phone Line

Charlie .G. CA1135 Folsom Mon. night

REPORTS

Chair: Chairperson Debbie W .

Vice Chair: Service Opportunity!

Position is open. Debbie W. would like to train someone for Chair in the Vice Chair position for 6 months. Volunteers, please contact Debbie W. at 916 536-1911

Recording Secretary Julie L.

Minutes from. July 2009 were read and approved as corrected. Minutes will be available at GSACC Yahoo group

Treasurer report: John G GSACC checking account at the beginning of Aug. 2009 was \$3,343.09. John reported that we are no longer paying ATT for the old phone line. John provided his listing of checking account activity and the year to date summary of funds received and spent.

Literature report: Colleen H. has \$210.00 for the treasury tonight and needs reimbursement for \$19.00. She is ready to order more 12 Step/Tradition workbooks. Debbie made a new literature order form on Excel. It was noted that the Newcomer ^{Welcome} Packets can now be downloaded from the website. They are no longer available through literature orders.

hone Line: Sharon N. reports the new OneBox phone line is operational. New # is:

1 866 794-9993 We have 4 mail boxes divided into

What is CoDA?

Meeting schedule for Sacramento County

Upcoming Events

People willing to take outreach calls—volunteers needed for this service

One question is the listing of the number, as we will no longer automatically be in the ATT phone book. Sharon will check with One Box to see where their customers are listed.

Website Debbie W. reports that our annual payment \$59.40 will be due 9/20/09. Debbie requested that we review announcements on website and advise on groups that “need support” or other items.

Outreach report: *Volunteer needed Service opportunity* This position really needs volunteer(s) particularly with the winter mini conference coming up

Hospitals and Institutions: (service position available)

Julie reported that she had not yet contacted David C. about the money we have for the CoDA Books to Prisons project. She will follow up. We discussed the possibility of combininb H&I with Outreach service positions. Lisa C. said she would be interested in helping out with these.

CoDA World Fellowship Quarterly service reports are available at www.coda.org Debbie encouraged everyone to access the CoDA Co-NNections online newsletter. The newsletter is soliciting written material (Poetry, songs, etc/ from members.

New literature:

Patterns of Recovery (goes with Patterns of CoDependence)

Arizona CoDA requested that “patterns” of Counter dependence (exaggerated self-worth) be added to the Patterns of CoDependence

Literature committee: New sponsorship packet will be out in 2010

Debbie also reported that at the World Fellowship Convention she presented the Sponsorship Thirty questions idea to the committee working on the new Sponsorship booklet. That booklet is actually already approved and ready for publication, but the committee suggested the Questions might be a part of a companion workbook to the CoDA Big Book

The next World convention will be held in 2010 in Los Angeles.

NorCal CoDA

Regional Mini-Conferences:

Fall SF is planned for Oct. 24, 2009 in Hayward. The theme, "Our Common Welfare" will emphasize the Twelve Traditions. Fliers are available at www.norcalcoda.org

Winter MC Sacramento We have a "probable" confirmation for Jan.23, 2010 from Melanie Andrews at Fremont Presbyterian Church. Planning meetings began today at 5:45 just before the GSACC meeting. Sharon N. will be chair again, Debbie W. will be food chair, John G. will head up registration, Julie L. will recruit workshop presenters.

Spring MC TBA Santa Clara,

Summer MC Held July 31, August, 1 and 2, 2009.a three day retreat at Happy Valley Conference Center near Santa Cruz.The theme was "Stepping Through Summer"

GROUP REP REPOSTS

Sunday Heritage Oaks Sac CA935 (GR needed)	No report
Sunday Davis Lutheran Church CA1230	
Monday Folsom CA1135 Charlie G.	The Treasury is still less than Prudent Reserve, so no 7 th Tradition contributions yet. There is a steady core group of 6-8 .
Monday Men's Kaiser Fair Oaks Blvd. Sac CA1155 David C	Email from David C: Meeting doing well, averaging 12-15 in a room that is more suitable for 10. Denny s. has contacted Kaiser about a larger room.They are considering the options. A slightly bigger room for 15 or one for 70. Other options are changing facilities or changing nights.
Monday Sac. Friends Church E St.CA015 a (GR needed)	Sharon N. Attendance is 6-8. Meeting still needs support.
Monday Yuba/Sutter Yuba City CA488 Melissa	No report
Tuesday Rancho Cordova CA103 (GR needed)	No report
Wednesday Modesto CA941 Michael V	No report

Wednesday Sac Kaiser South CA861 Tracey L	No report
Wednesday Friends Church E St Sacramento CA055 Mike M	Bob T. reporting: Lately there have been about 6 regulars, occasionally 6-10 attending
Wednesday. Grass Valley CA637 Howie/Darrel	Howie reporting: Attendance is usually 5-6 . They made a flyer and circulated it at local AA and AlAnon meetings.
Wednesday Kaiser Watt Newcomers meeting NEW! Crystal	Sharon N. reporting; for Crystal, who had to leave early. Attendance about 10-15.
Wednesday Step Study Kaiser Point West	Julie reporting; Attendance has gone down to about 3 regularly.
Wednesday Woodland New! # pending Lisa C.	Day changing to Thurs. 7-8 pm Meeting is small, so far. Notices placed in Rehab centers and the newspaper.
Thursday Citrus Heights CA694. Andy O.	No report
Thursday Auburn CA449 (GR needed)	No report
Thursday Kaiser Watt CA996. Ruth O	No report
Thursday Murphys/Amador CA1165 Sheena B	No report
Thursday North Lake Tahoe 'CA1214 Jesi	No report
Friday Women's Sac Heritage Oaks CA018 Laura W.	No Report
Saturday Trinity Cathedral, Sacramento CA1029 Lillia N	8-10 attending, solid core group. Rebuilding prudent reserve.
Saturday- SanJoaquin/Tracy	No report
Fresno meetings	No reports

Old Business

Guidelines for Presenters Continuing discussion from last meeting.

Continuing our ongoing discussion about changing and/or being sure we follow the current guidelines. Debbie W. said that at the Santa Cruz Summer mini conference, all of the presenters were CoDA members.

Speaker list for meetings: Charlie offered to coordinate

① Step posters. Set given to Charlie G and Laura W.

Thirty Questions Positive responses received by members at both the Seattle and Santa Cruz conferences. Debbie posed question: Should the first 4 pages be added to our Newcomer packet? Discussion to be continued.

New Business

Lisa C. asked about providing CoDA books to local recovery facilities. The consensus was that the "Books for Prisons" probably would not match for anything other than a jail or prison.

Patterns of Recovery Do we want to include this in our GSACC newcomer packets? **(Did we decide on this?)**

Serenity Prayer

Close Meeting 8:15 PM

Minutes prepared by Julie L 916 362-5759 jbureaucat@yahoo.com